

Scottsdale Gastroenterology Associates

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EGD instructions:

Your stomach must be empty to do this exam. You may have solid food up to 8 hours before and liquids up to 6 hours before, avoid milk and red colored foods and drinks.

The morning of the procedure take your blood pressure, heart, lung and seizure medicines with a sip of water (no more than 1/2 cup) at least 4 hours before the procedure.

If you take:

Iron : stop 1 week before.

NSAIDS:(Motrin, Ibuprofen, Advil, Aleve, Salsalate, Diclofenac)-stop 1 week before.

Warfarin(Coumadin) or Heparin-You will need to stop Warfarin 5 days before your colonoscopy, however you must check with your pcp/prescribing physician before stopping this medication in case alternate medication needs to be used.

Clopidogrel(Plavix),Pradaxa(Dabigatran) or Ticagrelor ,Aggrenox (aspirin/dypridamole)- you will need to stop these 5 days prior to the colonoscopy. However, you must check with your pcp/prescribing physician before stopping this.

Diabetics:

Oral medication: **Hold** your glypizide or glyburide the am of the procedure. If you take metformin you **may take** it the morning of your procedure.

For patients on insulin: Hold your NPH,Lantis,Gargine,Aspart or Regular insulin the day of the procedure until after the exam is complete.